



## DECEMBER·2025

## **Golden Acres**

|  | Sunday                           | Monday  | Tuesday                           | Wednesday   | Thursday   | Friday                 | Saturday |
|--|----------------------------------|---|-----------------------------------|---|--|------------------------|----------|
|  |                                  | Indoor Exercise 8am<br>Aqua Fit 10:30am<br>Shuffleboard League<br>12-4pm  | Walking with<br>Belinda 10am      | Weekly Update 9am<br>Aqua Fit 10:30am<br>Shuffle under Stars<br>7-9pm   | Indoor Exercise 8am Walking with Belinda 10am Twisted Stitchers 1pm                    | Aqua Fit 10:30am       | 6        |
|  | 7  Pearl Harbor  Remembrance Day | 8<br>Indoor Exercise 8am<br>Blood Pressure Clinic<br>9:30-11am<br>Aqua Fit 10:30am<br>Shuffleboard League<br>12-4pm | 9<br>Walking with<br>Belinda 10am | 10<br>Weekly Update 9am<br>Aqua Fit 10:30am<br>Shuffle under Stars<br>7-9pm                                     | Indoor Exercise 8am<br>Walking with<br>Belinda 10am<br>Twisted Stitchers<br>1pm        | Aqua Fit 10:30am       | 13       |
|  | 14                               | Indoor Exercise 8am<br>Aqua Fit 10:30am<br>Shuffleboard League<br>12-4pm  | Walking with<br>Belinda 10am      | Weekly Update 9am<br>Aqua Fit 10:30am<br>Shuffle under Stars<br>7-9pm   | Indoor Exercise 8am Walking with Belinda 10am Twisted Stitchers 1pm                    | Aqua Fit 10:30am       | 20       |
|  | 21 First Day of Winter           | Indoor Exercise 8am<br>Aqua Fit 10:30am<br>Shuffleboard League<br>12-4pm  | Walking with<br>Belinda 10am      | 24<br>Weekly Update 9am<br>Aqua Fit 10:30am<br>Shuffle under Stars<br>7-9pm<br>Luminaries Dusk<br>Christmas Eve | 25<br>Indoor Exercise 8am<br>Walking with<br>Belinda 10am<br>Christmas Dinner<br>3-5pm | 26<br>Aqua Fit 10:30am | 27       |
|  | 28                               | 29<br>Indoor Exercise 8am<br>Aqua Fit 10:30am<br>Shuffleboard League<br>12-4pm                                      | Walking with<br>Belinda 10am      | 31<br>Weekly Update 9am<br>Aqua Fit 10:30am<br>New Years Dance<br>8:15pm -12:15am                               |  |                        |          |